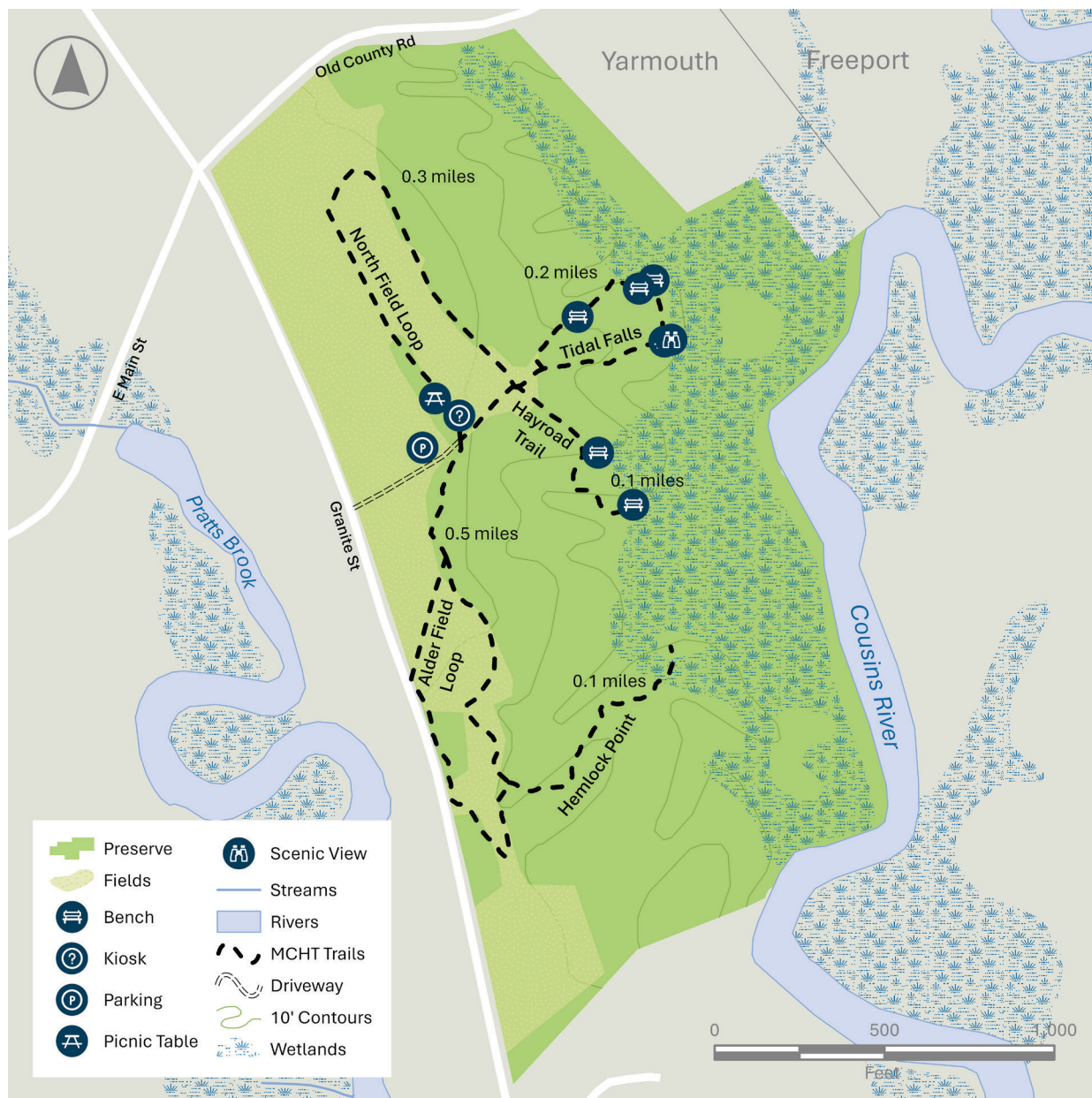




Cousins River Fields & Marsh

Yarmouth, Maine



www.mcht.org

Preserve Guidelines

- Carry out all trash (including human and dog waste and toilet paper)
- Dogs must be leashed at all times
- No camping or campfires permitted
- Please stay off the marsh to protect this habitat
- No bikes permitted
- Hunting by permission only
- Please remember to leave no trace



- Ticks can carry Lyme and other diseases that are a health risk to people and pets
- Use EPA-registered insect repellents on your skin and clothing
- Inspect yourself, your clothes, and pets for ticks
- Shower and wash clothes soon after being outdoors
- Contact your doctor if a rash develops near a tick bite



- Dogs must be leashed at all times
- Pets must be kept under control at all times
- Do not let dogs disturb wildlife and keep off the marsh
- Please pick up and carry out all pet waste



- Preserve is open to hunting by permission only
- Wear blaze orange during hunting season
- Hunting is not permitted on Sundays



- This property was once used as farmland. We continue to remove and dispose of remnants of this use, but some may still be found. Use caution if venturing off the trails.