

2026 Internship Program Project Summaries:

Please list your top 3 choices

Host Organization: Androscoggin Land Trust

Location: Auburn, Maine

Position Description: Androscoggin Land Trust (ALT) is a membership-supported organization dedicated to conserving and stewarding important natural areas, traditional landscapes, and outdoor experiences within the Androscoggin River watershed.

This seasonal internship provides hands-on experience in conservation education, event coordination, and nonprofit operations. The intern will assist with nature-based programs, community engagement, and outreach efforts to promote environmental stewardship and public access to conserved lands.

Primary Tasks:

- Lead nature hikes, outdoor activities, and ALT's *Learn to Fish* program.
- Support youth programming, including a two-week summer adventure camp.
- Assist with event planning, promotion, and logistics.
- Conduct field visits and annual monitoring.
- Communicate with diverse audiences and partner organizations.
- Manage outreach using Canva, Eventbrite, social media, and website tools.
- Collaborate with agencies and represent ALT at community events.

Host Organization: Blue Hill Heritage Trust

Location: Blue Hill, Maine

Position Description: Blue Hill Heritage Trust (BHHT) is a community-based nonprofit committed to conserving the natural beauty, ecological integrity, and cultural heritage of the Blue Hill Peninsula. The organization protects thousands of acres and maintains an extensive trail network, providing public access and educational programs that connect people with nature.

This internship provides a comprehensive introduction to land trust operations, offering hands-on experience in stewardship, outreach, and development. Interns will work across multiple departments, gaining practical skills in land management, conservation practices, and nonprofit operations.

Primary Tasks:

- Monitor conservation easements and fee-owned lands.
- Assist with sustainable trail layout, design, and construction.
- Perform routine trail maintenance using hand tools, power tools, and equipment.
- Participate in educational programs and volunteer workdays.
- Plan and host a community outreach event.
- Assist with fundraising events and donor engagement.

Host Organization: Center for Ecological Teaching and Learning

Location: Dennysville, Maine

Position Description: The Center for Ecological Teaching and Learning (CETL) is an environmental education nonprofit focused on hands-on learning and community engagement. Maine Coast Heritage Trust (MCHT) is a statewide land trust protecting Maine’s coastal lands and ecosystems. This shared internship offers a unique opportunity to work with both organizations—and occasionally Downeast Coastal Conservancy (DCC)—on diverse conservation projects in eastern Washington County.

This internship provides hands-on experience in land stewardship, trail work, ecological surveys, and community outreach. Interns will work on properties managed by CETL and MCHT, gaining exposure to diverse conservation strategies and professional networks. The position is based in a remote, scenic location—perfect for someone who loves being surrounded by nature and away from the bustle of city life. Days are often independent and quiet, with guidance and support from staff when needed.

Primary Tasks:

- Maintain and improve trails at CETL, including bridge repairs, signage, and mapping
- Assist with trail restoration at MCHT preserves (e.g., Boot Head), including bog bridging, reroutes, and sustainable trail construction
- Support DCC trail projects involving bog bridging and general maintenance
- Assist with educational programming and volunteer events at CETL
- Conduct flora and fauna surveys using eBird and iNaturalist to establish biodiversity baselines
- Develop interpretive materials or host a community outreach program

Host Organization: High Peaks Alliance

Location: Farmington, Maine

Position Description: High Peaks Alliance (HPA) is dedicated to conserving land and enhancing access to outdoor recreation in Maine's High Peaks region. The organization collaborates with partners to maintain trails, protect natural resources, and promote community stewardship across one of Maine's most scenic landscapes.

This internship offers hands-on experience in trail stewardship, volunteer coordination, conservation education, and community engagement. Interns will work alongside experienced trail crews, volunteers, and staff to maintain and improve trails, develop outreach materials, and support conservation initiatives.

Primary Tasks:

- Maintain and monitor trails by performing tasks ranging from clearing brush and marking trails, to building bog bridges, stone steps, and water bars
- Help recruit, train, and lead volunteers for trail projects
- Organize at least two volunteer workdays and develop training materials
- Create interpretive signage, brochures, and social media content promoting responsible recreation
- Collect and analyze trail usage and maintenance data using GPS and other tools
- Represent HPA at local events, lead interpretive hikes, and promote the Recreation Ranger Corps

Host Organization: Inland Woods & Trails

Location: Bethel, Maine

Position Description: Inland Woods + Trails connects communities in Western Maine through sustainable trail management. Over 100 miles of trails are maintained across Oxford County, including mountain biking, hiking, cross-country skiing, and multi-use pathways on public and private lands.

This internship offers a unique blend of fieldwork and communications experience. Interns will split time between:

- **Marketing & Communications:** Support IWT's 15th anniversary campaign by creating content for web, social media, video, and print. Assist with summer event planning and execution.
- **Trail Crew:** Work as part of a 4–5-person team to maintain and build sustainable trails. Tasks include brushing, lopping, tread repair, and new trail construction using climate-resilient techniques. Training provided; safety and quality emphasized.

Primary Tasks:

- Capture trail work through photography and video for storytelling
- Design and implement marketing initiatives to increase visibility
- Assist with planning and managing anniversary events
- Perform trail maintenance and construction using hand tools and sustainable practices

Host Organization: Mahoosuc Land Trust

Location: Bethel, Maine

Position Description: Mahoosuc Land Trust (MLT) has been a leader in regional conservation for decades, caring for forests, waterways, hiking trails, boat launches, and public properties. Its nationally recognized Habitat for All (HFA) program offers free educational events and resources that help people connect with nature.

This internship offers a comprehensive experience across MLT's core programs: Land Stewardship and Habitat For All, with opportunities to support marketing and special projects. Interns will work alongside all five staff members to gain interdisciplinary skills in conservation, education, and community engagement.

Primary Tasks:

- Assist with annual monitoring of conservation properties and easements
- Perform trail maintenance and construction (i.e. clearing, water management, and basic stonework)
- Help maintain the HFA Garden (i.e. planting, weeding, pest control, and painting)
- Interact with visitors, lead garden tours, and assist with workshops
- Create educational signage and brochures
- Assist with newsletter design and digital content creation

Organization: Maine Coast Heritage Trust

Location: Mount Desert Island, Maine

Position Description: Maine Coast Heritage Trust (MCHT) is a statewide land trust protecting Maine's coastal lands and ecosystems. As a leader in coastal conservation, MCHT manages preserves, restores habitats, and provides public access to some of Maine's most treasured landscapes. A key part of this work is the Salt Marsh Restoration Program, which restores vital habitats that support biodiversity and strengthen climate resilience.

The intern will play an integral role in MCHT's Salt Marsh Restoration Program, gaining hands-on experience in coastal land management, data collection, and community engagement. Approximately 80% of the work will focus on marsh restoration research, with the remaining 20% offering exposure to broader land trust activities.

Primary Tasks:

- Monitor eight restoration sites from York to Addison
- Collect and analyze data on vegetation and hydrology using plots, transects, and water-level loggers
- Maintain photo documentation and assist with drone-based monitoring
- Participate in bird banding efforts at select locations
- Support outreach by attending and staffing restoration events
- Assist with invasive species treatments, trail work, and shore cleanups
- Help create social media content and outreach materials

Host Organization: Midcoast Conservancy

Location: Edgecomb, Maine

Position Description: Midcoast Conservancy manages 95 miles of trails and conserved lands, providing outdoor recreation and protecting natural habitats. Its stewardship team maintains trails, monitors properties, and fosters community engagement through education and outreach.

The Land Stewardship Intern will work closely with our three-person stewardship team to gain hands-on experience in trail maintenance, land monitoring, habitat management, and public engagement. Most work will be outdoors, with 1–2 office days per week. This internship offers a comprehensive look at careers in conservation.

Primary Tasks:

- Support weekly volunteer trail workdays (i.e. organizing tools, clearing trails, and building bridges)
- Scout trail sections and perform maintenance (i.e. lopping, weed-whacking, blazing, and signage)
- Conduct annual monitoring visits to conserved lands
- Assist with property management plans, boundary work, invasive species control, and habitat surveys
- Help organize and lead events such as naturalist hikes, youth service days, and canoe paddles
- Coordinate with volunteers and community partners to facilitate programming

Host Organization: Royal River Conservation Trust

Location: Yarmouth, Maine

Position Description: Royal River Conservation Trust (RRCT) conserves and manages lands within the Royal River watershed, stewarding preserves and conservation easements across multiple municipalities. RRCT works closely with volunteers to maintain trails, manage habitats, and engage the community in conservation efforts.

The intern will gain hands-on experience in land stewardship, conservation planning, and community engagement. While the position is primarily stewardship-focused, there are opportunities to assist with outreach and communications based on the intern's interests.

Primary Tasks:

- Maintain trails and preserves, including building, clearing, signage, and invasive plant removal
- Assist with site-specific improvement projects and habitat surveys
- Collect data using ESRI Survey123 and Landscape Conservation Software; create maps in ArcGIS Pro
- Help plan and execute summer events, nature walks, and educational programs
- Coordinate with volunteers and partner organizations
- Assist with social media, newsletters, and tracking program effectiveness

Host Organization: Scarborough Land Trust

Location: Scarborough, Maine

Position Description: Scarborough Land Trust (SLT) is a community-based nonprofit that protects and cares for natural areas across Scarborough, stewarding public properties and conserved lands. With a dedicated staff team, SLT works to strengthen community connections to nature and enhance ecological resilience.

This internship offers hands-on experience in land stewardship, habitat restoration, and community engagement while providing insight into nonprofit operations. Working closely with the Stewardship Director, the intern will take on projects that improve the health and accessibility of SLT properties and develop skills in field ecology, land management, and leadership.

Primary Tasks:

- Assist with volunteer trainings and workdays focused on invasive plant control
- Identify and flag invasive species, document infestations using iMap Invasives, and develop at least one management plan
- Support restoration projects including canopy gap creation, brush management, and native species planting
- Perform routine trail maintenance (mowing, trimming, clearing blowdowns)
- Assist with construction projects such as boardwalks, bog bridges, and trail reroutes
- Support events and educational programs by assisting with setup, photography, and logistics

Host Organization: Somerset Woods Trustees

Location: Solon, Maine

Position Description: Somerset Woods Trustees (SWT) is one of Maine’s oldest land trusts, dedicated to conserving the forests, waters, and wildlife of Somerset County for public benefit. SWT manages thousands of acres of conserved land, providing recreational opportunities and protecting critical habitats.

This internship offers a unique blend of frontcountry and backcountry conservation work—60% supporting SWT programs and 40% stewarding the remote Pierce Pond Watershed for PPWT. Interns will gain hands-on experience in trail maintenance, water quality monitoring, invasive species management, and community engagement while developing confidence in independent fieldwork.

Primary Tasks:

- Perform brushing, blowdown removal (chainsaw), and trail marking
- Assist with volunteer trail workdays and infrastructure projects (i.e. boardwalks, steps, and cribbing)
- Conduct bi-weekly water quality monitoring and aquatic species surveys
- Support brook trout research projects in partnership with Maine IF&W and UMF
- Implement invasive species management plans at priority preserves
- Repair and maintain picnic tables, benches, kiosks, and signage